

Girls Junior Lacrosse of Poway

FALL 2011 REGISTRATION INFORMATION

General Information – Please retain this for your future reference.

- ***US Lacrosse** – This organization is dedicated to the development and promotion of the game of lacrosse. Players, coaches and officials who are members of US Lacrosse receive comprehensive, secondary lacrosse insurance. Membership is mandatory for participation in Girls Junior Lacrosse of Poway and the membership must be obtained by the parent on-line at www.uslacrosse.org. For more information regarding services provided to US Lacrosse members and for complete rules of the game, please see www.uslacrosse.org or call 410.235.6882.
- **Practices** - Practice will be from 3:30–5:00 pm every _____, _____, and _____ beginning Tuesday, September 6, 2011. Meet at the field behind _____ School. All players are expected to attend at least 2 practices per week. Please pick up your daughter at the back parking lot off _____ at 5:00pm.
- **Player Attire and Equipment** – Players are expected to wear appropriate shorts, t-shirt or tank top and soccer cleats or running shoes to all practices. Players are also expected to bring stick, goggles, colored mouth guard and water to all practices and games. NO SHOES=NO PRACTICE.
- **Teams** – Depending on the number of registered girls we will have either one or two teams. If there are two teams the teams will be formed by the Coaches within the first 2-3 weeks of practice. Both teams will be modified checking teams. The goal of GJLOP is to promote the game of lacrosse and provide a positive educational, athletic experience for all participants.
- **Jerseys** – Players will be issued a jersey prior to the first game. Black shorts are to be worn with the jersey to all games. Jerseys must be returned immediately after the last game at the end of season Tournament on November 19, 2011. Players will not receive team pictures or be admitted to the banquet if their jersey has not been returned.
- **Games** - The majority of the games will be held on Saturdays with some games scheduled mid-week. Our home field for Saturday games is at Midland Elementary School. A game schedule will be provided in mid-September. Away games are played throughout San Diego County.
- **Code of Conduct** – All players and parents are expected to show officials, other players and coaches respect at all times. Our goal is to encourage and foster a positive learning experience and show appropriate sportsmanship to all participants at all times.
- **Web Site** – Our web address is www.gjlop.com. Please refer to this site throughout the season for updates and information regarding schedules, maps to game locations, photos and Booster Club information.
- **Parent Participation** – IS REQUIRED (see attached Parent Sign-up)

All forms and registration fee should be submitted prior to the first day of practice on September 6, 2011 or as soon as possible thereafter. Registration forms will not be accepted after September 16, 2011. All fees are non-refundable. Girls will not be allowed to practice until forms have been submitted.

If you have questions concerning registration, please contact Henry Griese at hgriese4@hotmail.com.

Girls Junior Lacrosse of Poway

2011 Fall Registration

MANDATORY PARENT SIGN-UP

The teams and coaches need your support. This organization is run entirely by volunteer parents. It is essential that all parents sign-up for at least one activity. Please check the activity or activities you would like to help with. No experience is necessary for any activity. Based upon the responses, we may need to adjust your selection. Your team parent will be in contact with you. Thanks in advance for your help!

Parent Name(s):

- ____ TEAM PARENT (Need 1 for each team): Coordinate team with coaches; organize volunteers; help with information dissemination.
- ____ ASSIST TEAM PARENT: Help the Team Parent as requested.
- ____ SCOREKEEPER & TIMECLOCK: At field 15 minutes prior to game. A fun way to view the games. Easy to learn! Need a few people to share in this important task.
- ____ FIELD LINER: Line the field at MBMS as needed.
- ____ CONCESSION COORDINATOR/VOLUNTEERS: Responsible for organizing volunteers and food & beverage items for sale at some home games. Volunteers will help sell items at games.
- ____ 50/50 RAFFLE COORNINATOR: At some home games sell raffle tickets for 50/50 raffle. Announce raffle # at half-time.
- ____ AFTER GAME CLEAN-UP: Make sure field is cleaned of all debris.

Girls Junior Lacrosse of Poway

BOOSTER CLUB DONATION

It takes over \$13,000 to run our program for 42 athletes. Our costs include the following:

- ❖ Coaches' salaries
- ❖ Insurance
- ❖ Referee fees
- ❖ Equipment and supplies
- ❖ Uniforms
- ❖ T-Shirts

In order to keep fees as low as possible to insure that lacrosse is available to all families, we are asking for family donations to our 501(c)3 charitable organization.

Community and corporate sponsorships are also available for any group or business interested in participating.

If you are able to donate to our program, please return this form with your check at registration or at any time during the season.

Name of donor: _____

Amount: _____

Please make check payable to: **Girls Lacrosse of Poway*** and **note GJLOP in memo of your check.**

*Girls Lacrosse of Poway is a non-profit organization comprised of families of middle and high school girls lacrosse players for the benefit of these programs. If you have any questions, please contact Henry Griese at hgriese4@hotmail.com.